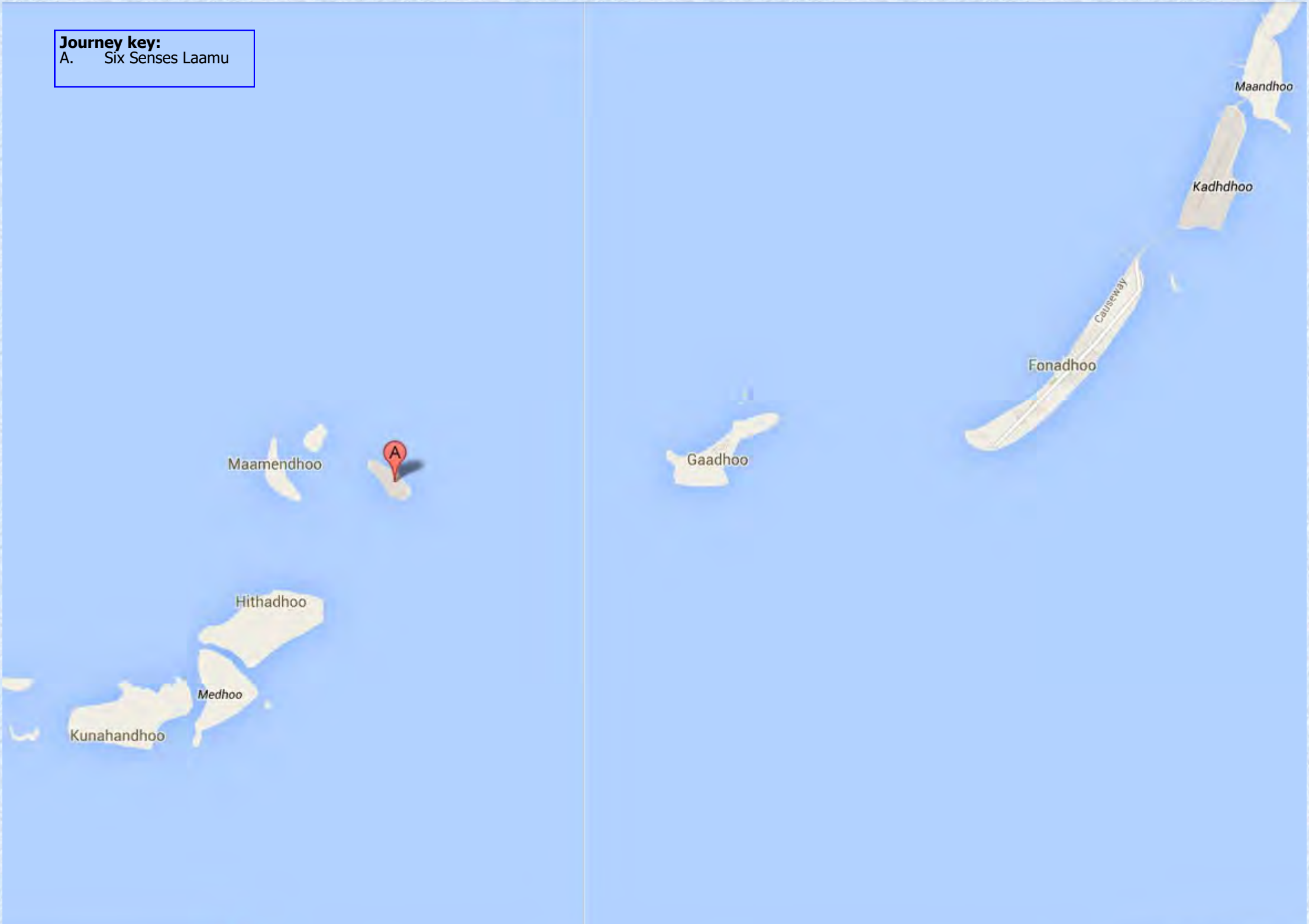
- Maldives explored, Laterally -

laterallife

Because I've always wanted to...


Journey key:
A. Six Senses Laamu
Maandhoo
Kadhdhoo
Causeway
Fonadhoo
Gaadhoo
A
Maamendhoo
Hithadhoo
Medhoo
Kunahandhoo

N
SRI LANKA
MALDIVES
Malé Atoll
Malé Int'l Airport
Laamu Atoll
Kadhdhoo Airport
Laamu Atoll
Indian Ocean
SIX SENSES
LAAMU

Six Senses Laamu
Olhuveli Island, Laamu Atoll, Republic of Maldives.
T +960 680 0800 E reservations-laamu@sixsenses.com www.sixsenses.com

In a Nutshell...

Day 1, - Fly to Male, via TBC.

Day 2, - Land in Male. Fly to Laamu Kadhdhoo airport.

Speedboat transfer to Six Senses Laamu Resort.

Day 3, - At leisure. Six Senses Laamu Resort.

Day 4, - At leisure. Six Senses Laamu Resort.

Day 5, - At leisure. Six Senses Laamu Resort.

Day 6, - At leisure. Six Senses Laamu Resort.

Day 7, - At leisure. Six Senses Laamu Resort.

Day 8, - At leisure. Six Senses Laamu Resort.

Day 9, - Departure.

Day 10, - Arrive in London.

Flights...

Date	Airline & Flight Number	From	Departs	To	Arrives	Class
DAY 1	TBC	LONDON	TBC	TBC	TBC	TBC
DAY 2	TBC	TBC	TBC	MALE	TBC	TBC
DAY 2	TBC	MALE	TBC	LAAMU KADHDHOO	TBC	TBC
DAY 9	TBC	LAAMU KADHDHOO	TBC	MALE	TBC	TBC
DAY 9	TBC	MALE	TBC	TBC	TBC	TBC
DAY 9	TBC	TBC	TBC	LONDON	TBC	TBC

International flights options:
Turkish Airlines - LGW-Istanbul-Male
Qatar Airways - LHR-Doha-Male
Ethiad Airways - LHR-Abu Dhabi-Male
Sri Lankan Airlines - LHR-Colombo-Male
Emirates - LGW-Dubai-Male

Your Recommended Itinerary...

Day 1, - Fly from the UK to the Maldives.
Today make your way to the airport in good time to catch your flight to Male (via TBC).

Accommodation: Overnight flight.
Meals: In-flight meals.

Day 2, - Land in Male. Transfer to Six Senses Laamu.
Upon arrival at Male' International Airport, you will be welcomed by a lateral**life** representative (he/she will be waiting for you outside the arrival hall) and accompanied directly to the domestic terminal, which is just a two minute walk from the arrival hall, for your domestic flight to Laamu Kadhdhoo airport. This 35 minute flight allows you to experience a bird's eye view of the beautiful Maldives archipelago. Your Guest Experience Maker will welcome you at the Domestic Airport (Laamu Kadhdhoo Airport) and a 15-minute speedboat ride will take you to the resort. From here take off your shoes, as you won't be needing them again!

Your Guest Experience Manager (GEM) will be at your disposal for the duration of your stay. He/she will meet you every morning at breakfast to help you decide the activities and experiences for the day and you can call him at any moment to sort anything out for you - from restaurant and activity booking, to bike tyre punctures and seat height adjustments or simply ideas on what to do.

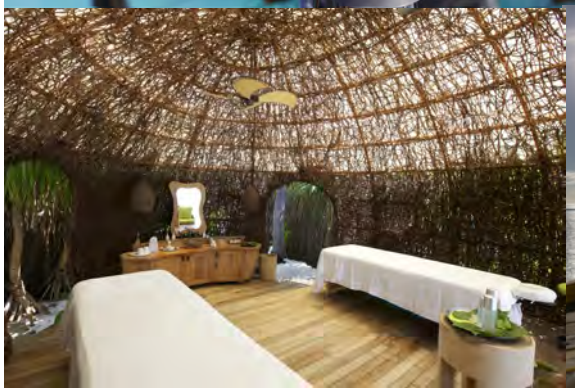
On arrival at the resort you will be given an introduction to the ethos of the island and then you will be taken to your villa, where your luggage will be waiting for you.

Six Senses Laamu is the only resort in the Laamu Atoll, deep in the Indian Ocean. The resort is a combination of on-land and over-water villas constructed of sustainable materials and set around the palm-fringed paradise. At several lounges and restaurants our chefs from East and West prepare mouth-watering dishes, many created from produce grown in the island's organic gardens.

Accommodation: Six Senses Laamu.
Meals: Breakfast.

Day 3 - 8, - At leisure.
Spend these days at your leisure relaxing on the beach or enjoying some of the many activities on offer.

PICNICS - Be whisked away to a secluded spot as you start this adventure where we will leave you on your own deserted island for an afternoon of sun, sea and sand. On land, take in the sun on your private beach, or explore the surrounding jungle. In the sea, swim in the pristine turquoise waters or bring along your snorkeling equipment to explore the reef and meet some new local friends. Finally, feast on a delicious picnic lunch of chef specialties accompanied by a bottle of wine selected by our sommelier under the shade of the palms. This is an experience like no other.



FISHING

MORNING FISHING - Whether you are a fishing enthusiast or this is your first time, this is an exciting experience. One of our traditional Maldivian fishing dhonis will take you out into the deeper waters of Laamu atoll just before sunrise. This wooden boat was specifically designed to support the local fishing economy and you are almost guaranteed to catch something interesting. The most common catches include jackfish, barracuda, grouper, wahoo and tuna. Enjoy the slow cruise back to the resort where we will prepare your freshly caught fish for your evening meal.

SUNSET FISHING - Rumoured by local fisherman to be the best time of day for a big catch on the atoll, join other guests and our experienced boat crew in putting their local fishing methods to the test! Catch a fish and leave it to the Chef to tantalize your taste buds, as he serves your catch according to your preferences.

BOAT TRIPS

FULL-DAY ISLAND HOPPING BY SPEEDBOAT - Soak up some sun, culture & desert island serenity hopping from island to island on the turquoise lagoons of the Laamu atoll. For those who are interested in seeing the real culture and lifestyle of the Maldives, as well as its amazing natural landscapes, this activity shouldn't be missed. Starting in the late morning, you will board a speedboat and embark upon this exciting Maldivian adventure. First you will be taken to two local islands where you will visit three of the most important places in a Maldivian community; the mosque, the school and the boat-building area. You will also have the opportunity to chat with some of the locals and get to know more about their daily lives. Later, you will be dropped off on a deserted tropical island. With the island to yourself for the afternoon, feel free to explore the natural environment of the land and sea at your leisure. Enjoy a delicious picnic lunch on the beach and snorkel along the reef to see some of the most beautiful aquatic life in the atoll. Five hours after departing, you will return to Six Senses Laamu ready for your next adventure!

HALF-DAY ISLAND HOPPING BY SPEEDBOAT - This shorter version of the island hopping excursion lets you experience a local island and visit a deserted island in one morning. The excursion lasts about three hours and will give you a taste of a barren island and what an island life is like in the middle of the Indian Ocean.

SUNRISE CRUISE - The sea gently rocks the Dhoni as you tour Laamu atoll in this unique experience. See the vibrant colours of a spectacular Indian Ocean sunrise; the red, pink and orange of the sky contrast with the deep blue and turquoise of the surrounding waters. A singular experience that very few in this world will have. If you are lucky, you may even get to see our resident dolphins as they make one of their daily migrations across the atoll. During your cruise, you will be served a signature Six Senses Laamu breakfast paired with Prosecco. What a fantastic start to another day in paradise!

SUNSET CRUISE - Every sunset at Six Senses Laamu is a brilliant display of nature's beauty and there is no better way to view it than while cruising through the atoll on a traditional sailing Dhoni. Enjoy a bottle of Prosecco and

delicious canapés while leisurely floating past the local islands as the sun sets below the horizon. After dark, look up to see millions of glittering stars that aren't blocked by the light of urban areas. Finally, make your way back to the island by way of the moonlight reflecting off the tropical waters. A truly breath -taking experience.

SUNSET DOLPHIN SAFARI - Beautiful, intelligent animals that have held the fascination of people for centuries, dolphins often make their way through Laamu atoll at sunrise and sunset and sightings are almost guaranteed. Our most popular excursion has you boarding a Dhoni (a traditional Maldivian boat) for a ninety minute tour of Laamu atoll as the sun descends below the horizon. Along the way the boat is flanked by dozens of playful dolphins swimming and jumping as they migrate through our waters. On the return voyage, sit back and watch the vibrant colours change in the sky as you enjoy our specialty canapés and a glass of Prosecco.

THE SANDBANK

BARBECUE DINNER ON THE SANDBANK - A completely unique and private dining experience is only a short speedboat ride away on our sandbank. Enjoy a delicious meal while the sun seemingly drops into the sea. An amazing barbeque is freshly prepared by your own private chef as you listen to the waves gently lap against the shore and the smells of food mix pleasantly with the salty air. Our hosts will light the area with lamps and candles that give the perfect ambience to a romantic evening or special event. This is a totally exclusive dining experience that must not be missed!

PRIVATE SUNRISE WITH BREAKFAST ON THE SANDBANK - The ultimate in romance, our private sandbank is the ideal location for a quiet breakfast for two. Feast on a meal of fresh fruit and homemade pastries along with coffee or tea and a glass of champagne while you watch the sun come up above the turquoise waters that surround this tiny island. For the most amazing viewing and gorgeous photos, the sun rises at around 6:15. However, for those late-risers, an equally amazing experience awaits later in the morning.

ROMANTIC SUNBATHING ON THE SANDBANK - Complete solitude awaits you on our Sandbank, which you will have all to yourselves for two hours of total privacy and relaxation. Enjoy the hot sun, the white sand, the gentle sea as well as the deliciously satisfying light refreshments which are provided. The best time of day for this experience is from mid-morning to around noon. After soaking up the sun, return to the resort relaxed and ready for a romantic dinner at one of our amazing restaurants.

SUNSET WITH COCKTAILS ON THE SANDBANK - The end of a perfect day is to sit and watch the sun set over the sea with your loved-one. Relax and feel the heat of the day slowly disappear as the sun sinks inch by inch into the Indian Ocean. Enjoy the cool breeze of dusk as you sit on your sandbank, sipping sparkling wine (Prosecco) and nibbling canapés. Don't forget your camera to keep those memories alive long after you leave. This is an unforgettable evening that will keep the fire of romance alive.

JUNGLE CINEMA - A truly "Six Senses" epic experience is one that is unexpected. Relax on a sunbed under the stars and listen to the palms rustling in the wind

until… a blockbuster film begins on our large cinema screen. Our state of the art surround-sound system gives it a unique multiplex feel, especially with our complimentary popcorn. Our general viewing films are screened twice weekly for all guests to enjoy, but should you wish to have a more personal experience, private showings can also be arranged for a couple, family or group.

COOKING CLASS - Our kitchens are staffed with extremely talented Chefs from all parts of the globe and have a variety of specializations. This is your chance to spend some time with one of them and learn their craft. You will learn to create balanced dishes from one cuisine (Indian, Sri Lankan, Vietnamese, Japanese, or Maldivian) and the chef will give you cooking tips and advice along the way. Finally, enjoy the results of your hard work as you sit down to a delicious meal made by you!

DIVING - The marine life around Six Senses Laamu is unique, with some of the most beautiful, untouched hard coral gardens in the Maldives. There is a large variety of fish life with encounters of grey reef sharks, white-tip reef sharks, barracudas, stingrays, big napoleon wrasses and of course turtles. We take you diving on typical local boats also called Dhonis, which are specially fitted for diving. With maximum 6 divers to a guide we keep the groups small. This makes the diving very safe and guarantees you a personal service and unforgettable dive experiences. Options: Morning & afternoon dives, tank dives, full day dive excursions, House Reef diving, night dives and early morning dives.

SNORKELING - The Maldives – due to its abundant marine life is a famous destination for snorkeling. Especially the southern Atolls are well known for their largely untouched and beautiful coral reefs. If you wish to learn more about what there is to see, would rather not go snorkeling on your own or just not sure where to go? Don’t miss out and come snorkeling with us every day! We will take you snorkelling on a daily basis either on a guided tour along our beautiful house reef or on a boat excursion. Activities: guided tour along the House Reef, snorkel trips by boat (½ day), night snorkeling by boat once a week, snorkel courses for guests new to snorkeling.

WATERSPORTS - As one of the most southern water sports centres in the Maldives we offer a wide range of activities to suit every interest and level of experience. Whether you have never tried or you are an old pro at the sport come and have some fun and thrills with us!

SURFING - Only a few surf safari boats come all the way down south to surf the breaks of the Laamu Atoll. Being the only resort in this Atoll our surfers have the break to themselves most of the time. The best time for the wave is from April to October when wind and waves are up. Already from the resort you can see the impressive white spray of the most famous break in the Atoll the Yin Yang which breaks on the outer reef of the local island Hithadhoo. We can take you there on morning and afternoon trips. There are a couple more fun waves around both left and right-handers further north in the Atoll. Surfing lessons by our experienced Surf Coach are in English for beginner and advanced surfers.

STAND UP PADDLE BOARDING or SUP - Have you seen it, heard about but still not done it? It has become a very popular sport - number one reason being that it is quick and easy to learn. The advantage is that you can see the swell

coming in and can catch more waves in a set. And here some good news for all the ladies – in general woman are better stand up paddle boarders then men as they are shorter which gives them better balance.

WAKE BOARDING, KNEE BOARDING AND WATER SKIING - If you are looking for power and speed why not try wakeboarding or water-skiing! We explain the first steps to you on the beach and off we go - it is really easy and fun.

WINDSURFING - Our crystal blue lagoon looks inviting and provides the perfect environment for windsurfing, suiting both the beginner and intermediate. If you are a windsurfer already the equipment is free of charge.

CATAMARAN SAILING - For those in search of a more relaxing activity our catamarans provide a refreshing change. Our captain will take you on ½ day excursions to a local island, snorkelling, looking for dolphins or towards the sunset. If you are a sailor already you can take the catamaran out on your own after we have checked your sailing license and skills.

CANOEING - Slowly paddle around the lagoon or island - this is a more leisurely way to enjoy a day in paradise.

SPEED BOAT EXCURSIONS - Another alternative to relaxing on the beach are private excursions by speedboat. Tell us what you would like to do and we tailor an excursion for you.

BLAST RIDES - Are you looking for an adrenaline rush but do not want to learn a new sport? We have a variety of inflatable rings and tubes available for great blast rides that will make you scream for more.

Accommodation: Six Senses Laamu.
Meals: Breakfast.

Day 9, - Departure.
Today you will be transferred by speedboat back to Laamu Kadhdhoo for your flight to Male. On arrival board your international flight back home.

Accommodation: Overnight flight.
Meals: Breakfast.

Day 10, - Arrive in London.
Welcome home!

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Laterally sleeping...

Six Senses Laamu – Maldives

Six Senses Laamu is uniquely the only resort in the Maldives' beautiful southern Laamu Atoll. Just an inter-island plane trip from Malé International Airport and a short boat ride brings you to a pristine palm-fringed paradise. The resort features 96 villa accommodations, with most being set over the lagoon's turquoise waters and some on the island, and all constructed of sustainably sourced materials.

Yin Yang, the Maldives' most famous surfing wave breaks just offshore and is an impressive attraction for surfers who have it virtually often to themselves. There are also beginner's waves for guests wanting to experience the joy of the sport. Dolphins swim along the seashell-dappled shores of Six Senses Laamu, just five degrees north of the Equator. Guests snorkel in Laamu's coral-rich house reef among Oriental Sweetlips, Parrotfish and even Green Turtles. The waters have so many activities to offer for people of every age.

At several lounges and restaurants our chefs from East and West prepare mouth-watering delicious dishes, many created from produce grown in the island's organic gardens. The sea breezes drift among the rustic woods under high palm-thatched roofs, most set over water. Memorable menus offered at each venue are enhanced by enchanting tropical vistas, from inspiring equatorial sunrises above the translucent lagoon waters to romantic rose-coloured sunsets that dissolve into the evening sea.

Set on the beach, the Six Senses Spa offers four uniquely designed couple treatment nests, four secluded couple treatment pavilions champas plus one Ayurvedic treatment and one Thai massage pavilion champa and all within the island's natural vegetation. Highly skilled Six Senses Spa therapists use natural products to provide a comprehensive range of award-winning signature treatments plus rejuvenation and wellness specialties of the region. Visiting practitioners offer our guests lifestyle consultations and specialized holistic treatments.