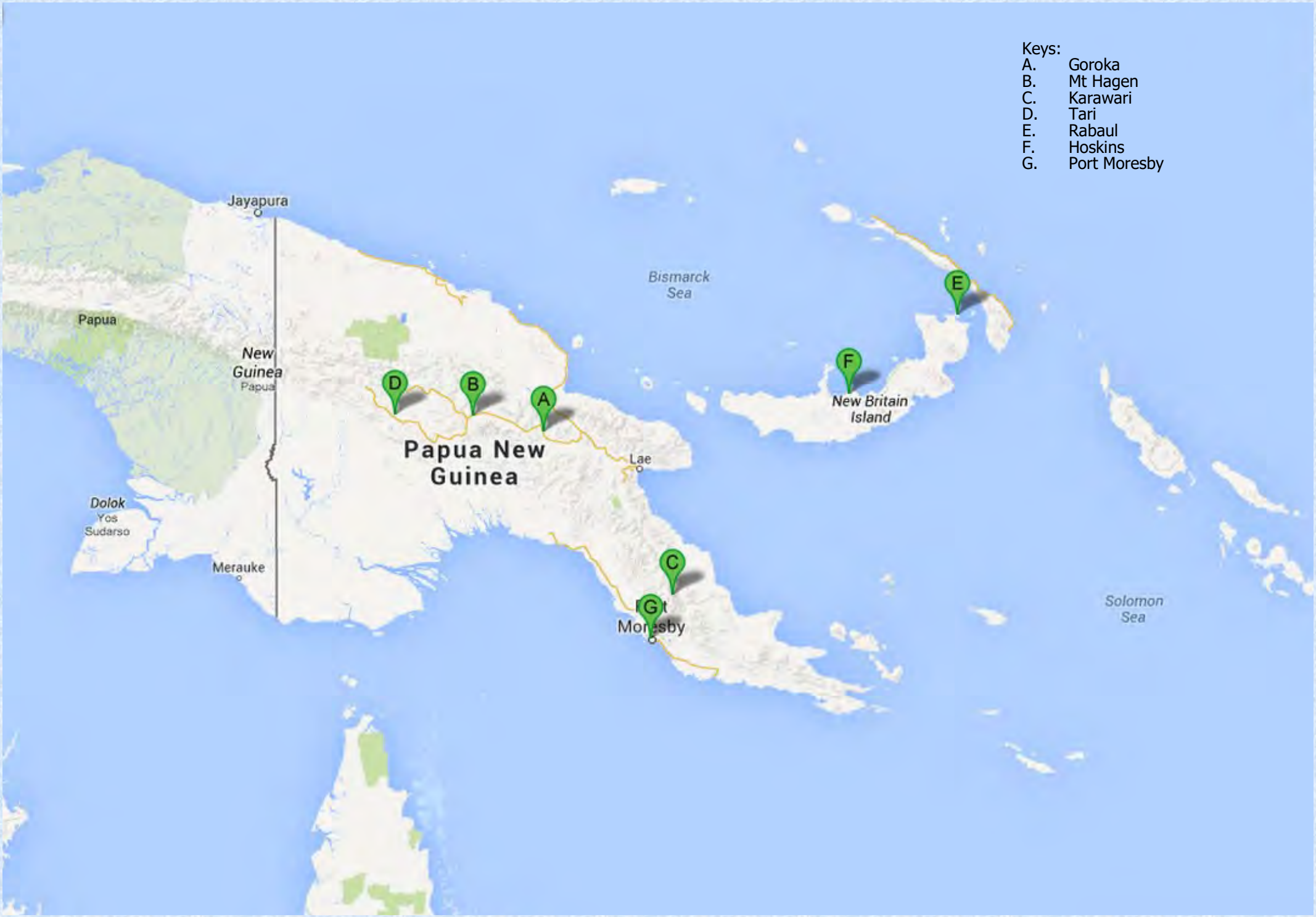
lateral**life**

**Because I've always wanted to...**


Keys:
A. Goroka
B. Mt Hagen
C. Karawari
D. Tari
E. Rabaul
F. Hoskins
G. Port Moresby
Jayapura
Papua
New Guinea
Papua
Bismarck Sea
New Britain Island
Papua New Guinea
Lae
Dolok Yos Sudarso
Merauke
Solomon Sea

## In a Nutshell...

Day 1, - Fly from the UK to Jackson. Onward flight to Goroka.
Bird Of Paradise Hotel.

Day 2, - Trip to Asaro Village & Coffee Plantation.
Bird Of Paradise Hotel.

Day 3, - Journey to Mt Hagen. Highlander Hotel.

Day 4, - Tour of Mt Hagen and surroundings. Highlander Hotel.

Day 5, - Fly to Karawari. MV Sepik Spirit cruise.

Day 6 - 7, - On cruise. MV Sepik Spirit.

Day 8, - Fly to Tari. PM tour. Ambua Lodge.

Day 9 - 10, - At leisure in Tari. Ambua Lodge.

Day 11, - Fly to Port Moresby and then to Rabaul. Gazelle Resort.

Day 12, - Guided tour to Matupit & Tauvurvur volcanoes.
Gazelle Resort.

Day 13, - Fly to Hoskins. Walindi Plantation Resort.

Day 14 - 16 , - At leisure. Walindi Plantation Reort.

Day 17, - Fly to Port Moresby. Gateway Hotel.

Day 18, - Fly back to the UK.

## Flights...

| Date | Airline & Flight Number | From | Departs | To | Arrives | Class |
|---|---|---|---|---|---|---|
| Day 1 | TBC | London | TBC | Jackson | TBC | TBC |
| Day 1 | TBC | Jackson | TBC | Goroka | TBC | TBC |
| Day 5 | TBC | Mt Hagen | TBC | Karawari | TBC | TBC |
| Day 8 | TBC | Karawari | TBC | Tari | TBC | TBC |
| Day 11 | TBC | Tari | TBC | Port Moresby | TBC | TBC |
| Day 11 | TBC | Port Moresby | TBC | Rabaul | TBC | TBC |
| Day 13 | TBC | Rabaul | TBC | Hoskins | TBC | TBC |
| Day 17 | TBC | Hoskins | TBC | Port Moresby | TBC | TBC |
| Day 18 | TBC | Port Moresby | TBC | London | TBC | TBC |

# Your Recommended Itinerary...

**Day 1, - Fly from the UK to Jackson. Onward flight to Goroka.**
Upon arrival at Jacksons airport, you will be welcomed by a lateral**life** representative and transferred to your connecting flight to Goroka. You will be transferred to your hotel, the Bird of Paradise, on arrival.

After lunch you will go on a coach tour that will include the McCartney Museum, the main Local Market, the Raun Raun Theatre and, in general, Goroka Township sightseeing.

**Accommodation:** Bird Of Paradise Hotel.
**Meals:** Breakfast.

**Day 2, - Trip to Asaro Village & Coffee Plantation.**
This morning you will go on a coach journey to Asaro Village through Coffee Plantations. During this trip you will have the chance to witness a ritual Mudmen Performance.

Afternoon is at your leisure to relax

**Accommodation:** Bird Of Paradise Hotel.
**Meals:** Breakfast.

**Day 3, - Journey to Mt Hagen.**
This morning you will go on a scenic drive to Mt Hagen passing through Asaro Valley and Daulo Pass, between quarrelling mountains and over angry rivers.

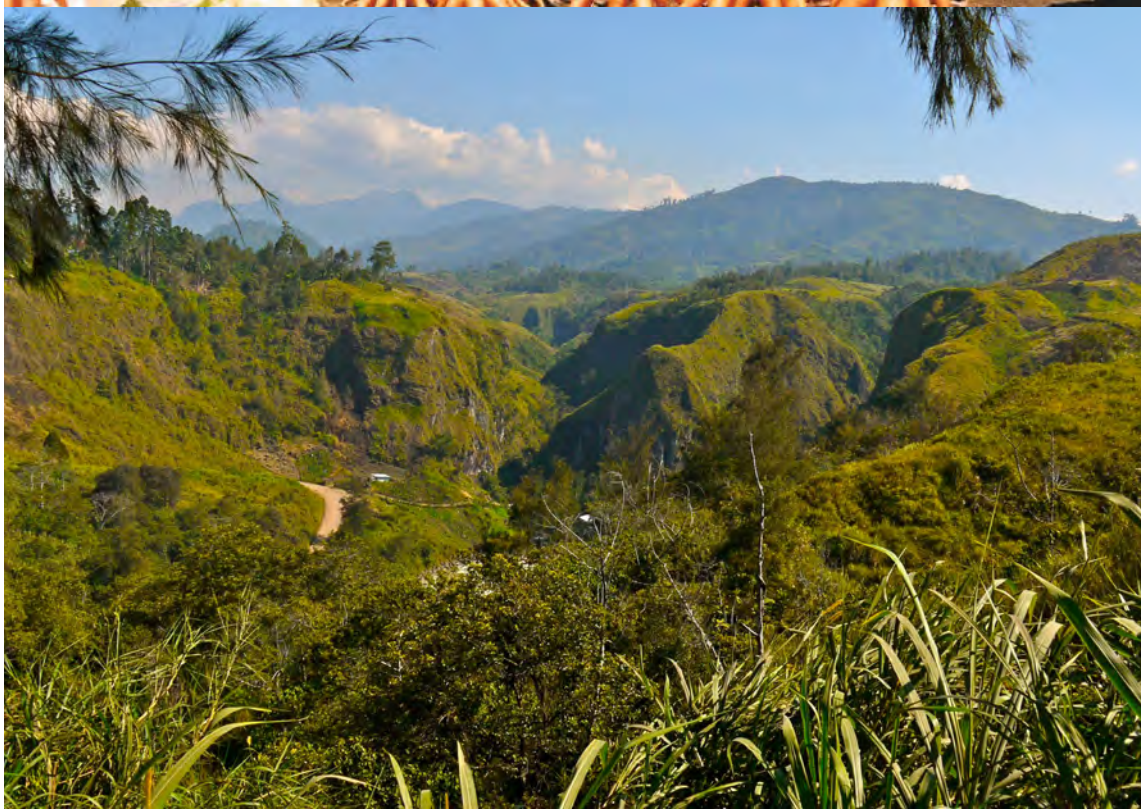
You will have the chance to participate to the ritual Chimbu Players. Finally you will be driven through the fertile Waghi Valley and appreciate the view of the patchwork pattern of the coffee and tea plantations, villages and roadside markets.

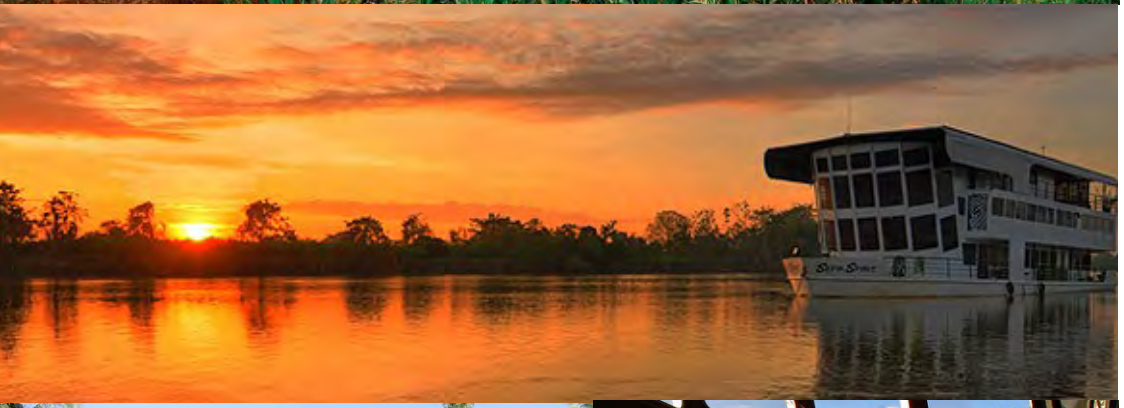
Upon arrival in Mt Hagen you will be transferred at the Highlander Hotel.

MT HAGEN, WESTERN HIGHLANDS - Towering mountains, some reaching to over 4000m surround the Waghi Valley -the birthplace of agriculture. The rich and fertile volcanic soils of the Waghi Valley, home of the Melpa and Jiwaka Peoples, have been cultivated by the local people for between 6000 and 9000 years. The mountain slopes surrounding the valley are home to a diverse range of orchids and birds - including the birds of paradise.

As you move out of Mt Hagen, the scene quickly moves from frontier town feeling to an idyllic, rural setting with women tending their sweet potato gardens and looking after the family pigs - the greatest sign of wealth to the Melpa people. On the mountain slopes, traditional gardens give way to altitude tropical forest, dotted with stands of pandanus nut - a seasonal delicacy of the Melpa people. Birds of paradise flourish in this environment.

**Accommodation:** Highlander Hotel.
**Meals:** Breakfast.





**Day 4, - Tour of Mt Hagen and surroundings.**
This morning you will go on a full day tour of Mt Hagen, that will lead you to explore the vast Waghi Valley, inspect coffee and tea plantations. Then you will head to a cultural village to witness the Welda Sing-Sing. Finally you will have the chance to visit Mt Hagen's colourful local Market.

At the end of the tour you will be driven back to your hotel.

**Accommodation:** Highlander Hotel.
**Meals:** Breakfast.

**Day 5, - Fly to Karawari. MV Sepik Spirit cruise.**
This morning your guide will drive you to the airport so you can board your flight to Karawari. Upon arrival you will be transferred by boat to MV Sepik Spirit to begin your Middle Sepik Cruise on board of the luxurious floating-lodge "MV Sepik Spirit".

KARAWARI, SEPIK REGION - Steamy tropical jungle, stretching for hundreds of kilo-meters - this is home of the Karawari River, a tributary of the world famous Sepik River. The Karawari is part of one of the great, untouched rainforests of the globe. However the jungle is different to most others, by the fact that there are no primates - which has facilitated the evolution of substantial variety of bird life, insects and small mammals.

**Accommodation:** MV Sepik Spirit.
**Meals:** Breakfast.

**Day 6 - 7, - On cruise.**
Full days cruising through the Middle Sepik region, exploring the waterways and the complex lake systems, visiting ancestral spirit-houses, small and large villages with quality artwork and artefacts.

**Accommodation:** MV Sepik Spirit.
**Meals:** Breakfast.
**Day 8, - Fly to Tari. PM tour.**
This morning you will disembark the cruise and you will be transferred to the airport for your flight to Tari. Upon arrival you will be met and transferred to your hotel.

In the afternoon you will enjoy a tour of the surroundings and activities.

TARI VALLEY, SOUTHER HIGHLANDS - Mist shrouded mountains, alpine grasslands, spectacular, waterfalls, incredible birdlife, a vibrant and flamboyant pre-technological culture and a comfortable lodge from which to base your explorations. Welcome to the Tari Valley home of 13 species of the resplendent birds of paradise, and equally enchanting Huli People. Huli people are famous for the wig and their colorful fact-painting, a spectacular warriror race; and a place where traditions and customs from the stone-age still play a large role in everyday life.

**Accommodation:** Ambua Lodge.
**Meals:** Breakfast.

**Day 9 - 10, - At leisure in Tari.**

Days at leisure in Tari.

**Accommodation:** Ambua Lodge.
**Meals:** Breakfast.

**Day 11, - Fly to Port Moresby and then to Rabaul.**
This morning you will be transferred to the airport and board your flight to Port Moresby, connecting with a flight to Rabaul. Upon arrival in Rabaul you will be transferred to your hotel, the Gazelle Resort.

The remainder of the day is at your leisure.

**Accommodation:** Gazelle Resort.
**Meals:** Breakfast.

**Day 12, - Guided tour to Matupit & Tauvurvur volcanoes.**
Today you will go on a guided tour to inspect the Matupit and Tauvurvur active volcanic pit and lakes. You will also visit a WWII Cemetery, explore the Japanese Tunnel network and the township of Rabaul.

At the end of the tour you will be driven back to your hotel.

**Accommodation:** Gazelle Resort.
**Meals:** Breakfast.

**Day 13, - Fly to Hoskins.**
This morning you will be transferred to the airport for your flight to Hoskins. Upon arrival you will be transferred to your hotel, the Walindi Plantation Resort.

The remainder of the day is at your leisure.

**Accommodation:** Walindi Plantation Resort.
**Meals:** Breakfast.

**Day 14 - 16 , - At leisure.**
Days at leisure.

Over this three days, you can arrange and pay directly for many optional activities provided by the resort such as scuba diving, birding, snorkeling, land touring or boat excursions to nearby island.

**Accommodation:** Walindi Plantation Reort.
**Meals:** Breakfast.

**Day 17, - Fly to Port Moresby.**
Today your will be transferred to the airport and board your flight to Port Moresby. Upon arrival you will be met and driven to your hotel.

After lunch, you will go on a coach tour of Port Moresby & Surrounds including a

visit to the National Parliament, the National Museum and a PNG art store.

**Accommodation:** Gateway Hotel.
**Meals:** Breakfast.

**Day 18, - Fly back to the UK.**
You will be transferred to the airport for your international flight to the UK.

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# Laterally sleeping...

**Bird of Paradise, Goroka**
The Bird of Paradise Hotel is conveniently located in the centre of town, accessible to major business services and close to the airport. The perfect location for a meeting or conference, providing well equipped function rooms with a friendly efficient team. The Bird of Paradise features an outdoor swimming pool, access to a Fitness Centre with Goroka Squash Club located within the hotel grounds.

The hotel offers neat, clean and secure accommodation, including Premier Rooms and Suites. For those looking for longer term accommodation, fully serviced one bedroom apartments are available. Either Qantas Frequent Flyer or Air Niugini Destination points can be earned on eligible rates by presenting your card upon check-in.

**Highlander Hotel, Mt Hagen**
Highlander Hotel is ideally located at the top end of town, with 52 modern rooms. Each room features an ensuite, 10-channel satellite cable TV, fridge, IDD phone, tea / coffee making facilities and room service.

A poolside restaurant plus an la carte Palmuri Restaurant, with popular pizza menu, an open fireplace, and several bars are available on site. The hotel also boasts a 24 hour foreign exchange desk at reception and conference facilities for up to 150 people.

**Mv Sepik Spirit Cruise**
Based out of Karawari, the MV Sepik Spirit is the ultimate "floating hotel" with which to explore the Sepik Region. Day trips are conducted from the MV Sepik Spirit in a fast 18 seater river boat allowing easy access to remote villages and regions. The MV Sepik Spirit is custom designed to with a shallow draught in order to access smaller, more remote waterways.
Providing a comfortable base with which to explore the surrounding areas each day; small tributaries and seldom visited villages are now accessible in intimate comfort. Karawari, Sepik and Blackwater are galleries of tribal art, each village boasts a unique style, and every villager is an artisan. An area that has fascinated anthropologists and adventurers alike. The river people perform complex ceremonies, including "skin-cutting" ceremonies for both boys and girls initiations.

# ...sleeping Laterally

**Ambua Lodge, Tari**
Nestled at 7,000 feet, Ambua Lodge is an inspired mixture of local architecture and modest luxury with spectacular views of the Southern Highlands. Set in natural surroundings with easy access to birding and nature walks this is the perfect base from which to explore PNG's wildlife and the fascinating Huli culture of the Tari Basin. Recipient of PATAs "Pacific Heritage Award" the lodge now has its own airstrip providing direct access by light aircraft. Each of the 58 spacious cabins has private bathrooms and panoramic picture windows. At night it can get quite cold and whilst the rooms have no heating there are electric blankets on the beds.

**Gazelle Resort, Rabaul**
Gazelle International Hotel is the first International style Hotel to be built in East New Britain Province. Opening in July 2010 it brings a new level of accommodation and service to the Province. The hotel has been designed to suit business and leisure travellers with an exciting selection of venues for relaxation or entertainment into the evening. Gazelle International Hotel offers 52, well appointed rooms all offering comfort and a safe haven from a day of business, adventure or leisure. All rooms feature Juliet balconies, step out of your room to savour the tropics, step back in to air conditioned comfort.

**Walindi Plantation Resort, Hoskins**
It is located in West New Britain Province. It is widely famous for its incredible bird life and world famous dive sites. It is one of the most reputable scuba dive operator. Walindi Plantation Resort is an intimate dive resort catering to a maximum of 29 guests. Being just a 45-minute drive from Hoskins Airport in West New Britain, it is a quick and easy trip. Walindi can be reached from Port Moresby first by plane to Hoskins, and then by car (1 hour). The hotel is surrounded by tropical rainforest and opens out to the Kimbe Bay, known for its diving sites. The surrounding diving sites, which can be reached in less than an hour, are especially attractive. Walindi is therefore considered as a grade one destination for scuba diving.

**Geteway Hotel, Port Moresby**
This hotel has unbeatable facilities, relaxed modern dining, casual bars and pizza outlet combined with shimmering pool.
Meet, Stay and Play at the Gateway Hotel and Apartments, offers 130 guestrooms (35 Executive and 95 Premier Rooms) in addition to 64 well appointed apartments with separate pool, tennis court and gymnasium.  The Wild Orchid Restaurant is open for Breakfast, Lunch and Dinner, offering a wide range of modern cuisine. Rattle n Hum Bistro caters to the casual diner, home style favourites such as burgers, fish n chips and a range of pasta dishes. Operating for Rattle n Hum is the famous Enzo's Pizzeria, dine in or take away these classic pizza’s are one of PNG’s favourites.